

APPLICATION FORM 2020

Summer Adventure Non-Residential Courses

Course dates for 7 to 13 years of age (specify course preference)

- 29th June - 3rd July 20th - 24th July
 6th - 10th July 27th - 31st July
 13th - 17th July 4th - 7th August (4-day €100)
 10th - 14th August

Course dates for 13 to 15 years of age (specify course preference)

- 29th June - 3rd July 27th - 31st July

Name

Address

Email

Home Telephone

Telephone of Guardian, while attending Cappanalea

Details required

Age Gender M F Can you swim? Y N

Have you participated in Adventure Sports? Y N

Have you any medical conditions of which the Course Director should know?

Do you require transport to and from Killorglin or Caragh Lake

I enclose a cheque for non-refundable deposit of €50 Y N

**Please note that all cheques should be made payable to:
Kerry Education & Training Board**

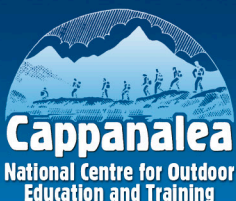
Signature of Parent/Guardian

Date

Cappanalea NCOET, Caragh Lake, Killorglin, Co. Kerry

Tel: +353 66 9769244 • Fax: +353 66 9769266

Email: info@cappanalea.ie • Web: www.cappanalea.ie



CAPPANALEA NCOET

Summer Adventure Non-Residential Courses

2020



Kayaking on a Cappanalea Summer Adventure Course

All of the Summer Non-Residential Adventure Courses 2020 at Cappanalea NCOET give young people (non-residential ages between 7 and 15 years of age), from all over Ireland an opportunity to participate in an active, healthy, safe and varied outdoor adventure programme. The activities are tailored to suit the different age categories. We endeavour to keep age groups together for the activities. The courses include some of the following activities:

- Canoeing • Hillwalking • Rock Climbing • Back Woods
- Raft Building • Field Studies • Orienteering • Kayaking
- Initiative Team Challenges • Windsurfing
- Stand-Up Paddle Boarding

Sample 5-day timetable (7-13 age category)

	SESSION 1	SESSION 2	SESSION 3
MON	Kayaking	Rock Climbing	Field Studies
TUES	Hillwalking	Raft Building	Orienteering
WED	Abseiling	Sit-on-top Kayak	Team Building
THUR	Back Woods	Orienteering	Canoeing
FRI	Raft Building	Outdoor Challenge	Outdoor Challenge

All activities are instructed by qualified staff.
Throughout the week, students are supervised by our instructors.

The cost of the Summer Adventure Non-Residential Courses at Cappanalea NCOET
€165 per student
 (Monday morning - Friday evening)

PRICES HELD AT EXCEPTIONAL VALUE!

The fee charged covers the return journey from Killorglin or Caragh Lake to Cappanalea NCOET; the use of all necessary specialist equipment and the qualified instruction given with all sports. We guarantee a well organised week of fun and adventure.



Stay in touch with Cappanalea NCOET

Like us on Facebook today or follow us on Twitter or Instagram

