

CAPPANALEA OETC

Summer Adventure Residential Courses 2018



Kayaking on a Cappanalea Summer Adventure Course

All of the Summer Adventure Courses 2018 at Cappanalea OETC give young people (residential ages between 13 and 17 years), from all over Ireland an opportunity to participate in an active, healthy, safe and varied outdoor adventure programme. We endeavour to keep the different age groups together for the activities. The courses include a range of the following activities:

- Canoeing
- Rack Climbing
- Raft Building
- Sailing
- Windsurfing
- Hillwalking
- Orienteering
- Kayaking
- Camping
- Bouldering
- Stand-up Paddle Boarding
- Initiative Team Challenges
- Day at the Beach

Sample 5-day timetable

	MORNING	AFTERNOON	EVENING
MON	Stand-up Paddle Board	Canoeing	Raft Building
TUES	Bouldering	Rock Climbing	Initiatives
WED	Windsurfing	Kayaking	Orienteering
THUR	Sailing	Beach	Camping
FRI	Camping	Camping	Depart

All activities are instructed by qualified staff. Throughout the week, students are supervised by our instructors.

The cost of the Summer Adventure Residential Courses at Cappanalea OETC

€280 per student
(Monday morning - Friday evening)

PRICES HELD AT EXCEPTIONAL VALUE!

The fee charged covers the return journey from Killarney Train Station to Cappanalea OETC; the accommodation and full catering for the week the use of all necessary specialist equipment and the qualified instruction given with all sports. We guarantee a well organised week of fun and adventure. Sufficient numbers required in order for the week to go ahead.



Stay in touch with Cappanalea OETC

Like us on Facebook today or follow us on Twitter. You can also check out our blog at cappanalea.ie/blog

You can send back pictures or feedback about your week with us...



APPLICATION FORM 2018

Summer Adventure Residential Courses

Specify course preference	Duration	Price
<input type="checkbox"/> 9th - 13th July (full)	Mon-Fri	€280
<input type="checkbox"/> 16th - 20th July	Mon-Fri	€280
<input type="checkbox"/> 30th July - 3rd August	Mon-Fri	€280
<input type="checkbox"/> 13th - 17th August	Mon-Fri	€280

Name

Address

Email

Telephone

Telephone of Guardian, while attending Cappanalea

Details required

Age Gender M F Can you swim? Y N

Have you participated in Adventure Sports? Y N

Any specific dietary requirements

Have you any medical conditions of which the Course Director should know?

Do you require transport to and from Killarney Train Station? Y N

I enclose a cheque for non-refundable deposit of €70 Y N

Please note that all cheques should be made payable to:
Kerry Education & Training Board

Signature of Parent/Guardian

Date

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