

TRAVEL DIRECTIONS

Cappanalea OEC is within easy reach of all towns in Kerry, particularly Tralee and Killarney which is served with the national rail network. Kerry International Airport in Farnfore is within close proximity to the Centre and caters for both national and international visitors. The nearest town to Cappanalea is Killorglin, which is eleven Kilometres away. From Killorglin follow the signposts to Cappanalea OEC.

For any further information contact:

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FACILITIES

Recently Cappanalea OEC built a new centre with all necessary modern facilities. The centre can cater for approx. 100 participants per day, with residential facilities for 54 participants and additional facilities for another 50-day visitors.

We have ten independent bedrooms plus two separate leaders' rooms. All of the bedrooms (four and six bedded) are ensuite and centrally heated.

Other facilities available to our groups at the centre include:

- A meeting room with balcony overlooking the hillside and Carruntoohil on a clear day.
- Classrooms and recreation rooms for learning and evening activities.
- A library with a wide selection of books.
- Large equipment store and drying room.



SOME OF OUR CLIENTS ABOUT CAPPANALEA OEC

TEAMS NOW WORK MORE EFFECTIVELY TOGETHER ...

Over several years we have sent various teams to Cappanalea for Teambuilding Training. Production teams with operators, technicians and quality personnel, but also people from human resources. Our objective is to improve their team performance: how to work together, solve problems and communicate with each other. We work out the details with the Cappanalea staff, who are always very flexible and customise their programmes to meet our objectives. The feedback we get from our groups have been very positive and the training has met their objectives.

JOSH WHELAN, TRAINING & DEVELOPMENT MANAGER OF FUJISAWA IRELAND

I'M CONVINCED THAT IT WORKS ...

We've used Cappanalea over 10 years for very different events, like our big annual in company event. We also used the centre for an extensive series of teambuilding programmes for managers and staff. These were 2-3 days programmes with a mix of outdoor events and indoor reviews and were tailored to suit our particular needs. The people in Cappanalea are excellent to work with.

NOEL MURPHY, SENIOR MANAGER WITH ESB

Other clients include: AIB • Bank of Ireland • Boots • Campbell Catering • Civil Defence • Fexco Macra na Feirme • Logitech Ireland Ltd.



MAXIMISE your staff PERFORMANCE



**STAFF DEVELOPMENT
THROUGH OUTDOOR & ADVENTURE TRAINING PROGRAMMES**



WELCOME

TO CAPPANALEA OUTDOOR EDUCATION CENTRE



POWERFUL LEARNING EXPERIENCES

The outdoors and adventure activities have great learning potential. The outdoor environment challenges people to be creative and makes them aware of their (hidden) talents. At Cappanalea we use Outdoor Development Programmes as powerful learning tools.

Cappanalea Outdoor Education Centre (OEC) offers the perfect environment for group learning. Teams are put into outdoor situations, where tasks are real and failure and success bring real consequences. Working in a different and unfamiliar or new environment has proven to highlight patterns of behaviour, which might otherwise pass unnoticed in a more conventional environment. Participants can practice teamwork and leadership, try out different ways of operating and behaving, while getting immediate feedback from facilitators and peers.



SAFE ARENA

In the safe arena of Cappanalea OEC teams can really be tested, since any failures from this experimentation will have no direct consequences financially or otherwise back in the real world. The tasks are challenging, but certainly not designed to put anyone in danger. Anyone with a reasonable level of fitness can complete the exercises.

The large variety of activities, combined with the informal and relaxed atmosphere will generate an enjoyable learning experience. The Cappanalea staff and instructors are highly qualified and motivated to make sure the programmes meet the objectives of your company.



CUSTOMISED PROGRAMMES

Cappanalea OEC runs Outdoor Development Programmes both on a residential and non-residential basis. We can adapt our programmes to suit any location if required, although it's hard to beat our own facilities. We work out the details with you and make sure the programme meets all your objectives, such as:

- improve the team performance,
- learn to solve problems together and
- become aware of the importance of good communication.

Dependent on your objectives we can run programmes of one or more days. They will always consist of a balanced mix of outdoor events followed by indoor reviews. The costs for the programmes depend on the number of participants, the location, the accommodation and the level of facilitation required. For queries and quotations, please call our centre.

MOUNTAINOUS LOCATION OVERLOOKING CAPPANALEA LAKE

In the heart of the famous Ring of Kerry you will find Cappanalea OEC, beautifully sited in a perfect wilderness location on the mountainous shores of Caragh Lake. The new centre is nestled in the hillside and overlooking the sheltered waters of Cappanalea Lake. Approximately 11 kilometres from Killorglin town the centre is surrounded by small peaks and within easy reach of the lofty MacGillycuddy Reeks, which include Carrauntoohil, Ireland's highest mountain.

